



# Samakee News



A CfBT Accredited School  
2 Star Accreditation Grade



## Message from the Head of School

Dear Parents,

On Friday morning, all our families are welcomed to take part in our annual Sports Day. The day will begin at 8:25 with a whole school procession and an exercise routine presented by our cheer leaders. The sports events will be organised into two groups. Early Years games will start first and take approximately 1 hour; they will begin immediately they are assembled after the procession. This will be followed at approximately 9:40 a.m. by the Primary games.

The children will compete in Team Colours and are requested to wear team colours on this day. If you are still unsure of your child's team colour, please ask your child's class teacher or contact the school office. Thank you.

Your child will need the following for sports day:

- Blue uniform P.E. shorts
- Coloured t-shirt in team colour
- School sun hat
- Sports shoes
- A bottle of water

Parents are requested to gather on the field on the seats provided; please make sure to bring sunscreen and a sun hat! Parent races will take place after the primary events, so please wear your running shoes and be prepared to join in the fun. We look forward to seeing you and having an enjoyable and energetic morning!

### Special Dates to Remember!

PTG Meeting - 8:40 a.m. -Thai Room	25 Jan
Sports Day—EY 8:30—9:30, Primary	29 Jan
Assembly— Y3,4,5	5 Feb
<i>Pyjama Movie Night—5pm...</i>	5 Feb
School Photo Days	9-10 Feb

Thank you.

Kind regards,

Monica Sudhirak

# Welcome to the PTG Corner...

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*Hello to all of our wonderful PTG Parents. As everyone is a part of the PTG, Miss Monica has agreed to add us to the weekly newsletter (Thanks Khun Tippy for your wonderful idea)*

*We held our first meeting of the new term on Wednesday, January 20, 2010. For those who could not attend....this is what you missed:*

- Miss Monica welcomed all of our new families and talked about expansion plans that will begin over the Song Kran Holiday.*
- Dr Julie (Pin's Mom, EY 4) spoke about how we spent some PTG Funds to sponsor a Wan Dek for her Paediatric Ward at Siriraj Hospital. Children that were well enough participated in activities downstairs and some that could not attend because of health issues had their own party upstairs. It was a great success!*
- Khun Addy (Anna's Mom, Year 1) talked about the PTG Treasury to date and relayed some ideas about how we can best spend some of the monies we have earned. It was discussed that some could be used to build a sink and foot wash next to the sand play area and some could be used to donate supplies to a local school that could benefit from our help. We will make a*

*decision on the latter at our next PTG Meeting and welcome all suggestions from our PTGers! One idea was to sponsor a school in Koh Kret and organize a Family Day to distribute our donations.*



## **Pajama Movie Night!**

- 'Drive In' or 'Pajama' Movie Night will be held on Friday, February 5, 2010. We will have a planning meeting in the Thai Room on Monday, January 25, 2010 at 8:40 AM. Anyone that would like to help, please join us! All ideas and volunteers are welcome.*
- Christmas DVDs are now on sale! Look for the order form in your child's "take home" bag. We previewed it today! It is lovely – cost: 300 Baht per copy.*
- Look for information about Sports Day! All parents are welcome for a fun, fun time!*
- The PTG's next big fundraiser will be a "St Andrew's Day Bazaar" on April 3, 2010. Anyone interested in helping with this event, please come to the next PTG meeting! We welcome all volunteers!*
- Our next PTG Meeting will be held on Wednesday 24th February in the Music Room. I hope to see everyone there!*

# Pythons & Cobras



**Key Stage 2** are learning to play the recorder in music with Mrs Zuchra. Learning to play a musical instrument offers a lot of benefits. Here are 5 reasons why:

- 1. Playing A Musical Instrument Makes You Smarter:** Many studies have been conducted on the effects of music to the brain. Scientists say that children who are exposed to music, or those who play an instrument, do better in school.
- 2. It teaches Discipline:** Learning to play an instrument is like learning to speak another language and it can be challenging at times. In order to learn a musical instrument, children must develop patience and perseverance, skills which will help them later in life when they must tackle other more difficult challenges. You have to practise, practise and practise some more.
- 3. Playing A Musical Instrument Relieves Stress:** We all have days when we are stressed out and we just want to take a break from it all. Have you ever noticed that when you hear soft, soothing music you feel more relaxed? Playing an instrument can do that and more, especially if you're the one playing. Music is one of life's simple joys, it helps calm the mind.
- 4. Sense of Achievement:** The act of learning and playing an instrument, the encouragement of a teacher and the enthusiasm of a proud parent, will build in a child a sense of pride and confidence. Children who practise self-expression and creativity often become better communicators later in life.

