

Term 2, Issue 3

Monday 18th January

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Samakee News



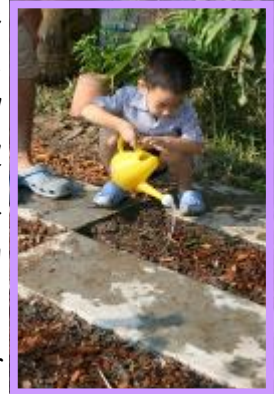
A CfBT Accredited School
2 Star Accreditation Grade



Message from the Head of School

Dear Parents,

I am sure you have noticed the recent activity in the car park and the gradual development of a 'Children's Allotment' or vegetable patch! Gardening and growing things is both educational and healthy for children and at Samakee, we recognise the value of introducing children to gardening and the production of fruit and vegetables. Last term, gardening became a very popular club and it generated a great deal of excitement and interest for both the children and teachers. This term and in the future, we will be involving all the children in gardening projects. Through our thematic approach, the children will become more aware of how their fruit and vegetables are produced by growing them themselves and how to cook the crops that they harvest.



Our new water play area is proving to be extremely popular with all ages and it is always busy! The children have been asked to think of a name for this play area and we will let you know as soon as

a decision has been made.

Now that clubs are well underway, we appreciate your help in making sure that your child knows exactly what they are doing each day. If you plan to collect your child from Soccer or Horse Riding, please keep to the following procedures: be sure to inform the school office so that we know what is happening, present your ID card to the teacher in charge of the club, plan to arrive before the end of the session so that there is a timely handover. Children who are not

collected at the end of the session will return to school with the group. Thank you.

Special Dates to Remember!

PTG Meeting - 8:40 a.m.	20 Jan
Sports Day	29 Jan
Assembly— Y3,4,5	5 Feb
School Photo Days	9-10 Feb
KS2 Residential	24-26 Feb

Kind regards,

Monica Sudhirak

Wan Wai Kru – วันไหว้ครู

Wan Wai Kru (วันไหว้ครู) or Teachers' Appreciation Day is usually held shortly after the beginning of the term, on a Thursday, as Thursday is traditionally the day of wisdom and teachers.



The Students recited the *wai kru chant (บทไหว้ครู)*, which expresses respect for, and gratitude to the teachers, and asks for the teachers' blessing of their studies. Then the students offered flowers to their teacher.



The traditional offerings for *wai kru* are 1) Ixora flowers (*khem*, ดอกเข็ม), which while closed form pointed buds, symbolizing sharp wit, 2) Bermuda grass (*ya phraek*, หญ้าแพรก) the rapid growth which symbolize perseverance and the ability to learn, 3) Popped rice (*khao tok*, ข้าวตอก) which symbolizes discipline, and 4) Eggplant flowers (*ma kua*, ดอกมะเขือ) which bow low when nearing fruiting, symbolizing respect and humility.



St. Andrews International School Samakee

Weekly Menu 2009-2010



	AM Snack time		PM Snack time		
Offered everyday:	Bottle of milk		Drink of juice		
	Pieces of fruit (e.g. apple, pineapple, guava, orange or banana) Pieces of raw vegetables (e.g. carrot, cucumber, cabbage, cauliflower) White and brown bread with various 'spreads'. Steamed rice				
Monday 18th Jan.	Tuesday 19th Jan.	Wednesday 20th Jan.	Thursday 21st Jan.	Friday 22nd Jan.	
Snack time (a.m.)					
Apple & raisins	Corn & Coconut	Bananas	Crackers & Tuna dip	Fresh fruit	
Lunches					
Thai Food <ul style="list-style-type: none"> - Stir fried yellow bean curd & pork sauce with vegetables in Thai style sauce - Fried chicken wings - Clear soup with glass noodles Western Food <ul style="list-style-type: none"> - Sandwich selection - Potato salad - Tomato soup 	Thai Food <ul style="list-style-type: none"> - Noodle selection of sauce - Clear soup with sprouts & green vegetable - Sticky rice Western Food <ul style="list-style-type: none"> - Fish fingers & chicken nuggets - Cosalaw - French fries 	Thai Food <ul style="list-style-type: none"> - Fish maw in brown sauce with chicken - Fried rice with carrots Western Food <ul style="list-style-type: none"> - Pasta with a selection of sauces - Steamed cabbage 	Thai Food <ul style="list-style-type: none"> - Sweet stir fried chicken with chili paste - Coconut soup with pork and herbs - Fried rice with eggs Western Food <ul style="list-style-type: none"> - Spaghetti with meat or pork sauce - Pumpkin soup - Steamed vegetables 	Thai Food <ul style="list-style-type: none"> - Pork & chicken wonton soup - Fried rice selection - Green vegetables Western Food <ul style="list-style-type: none"> - Pasta tossed in olive oil - Corn soup 	
Banana custard	Fresh fruit	Selection of homemade Yoghurts	Fresh fruit	Apple crumble & custard	
Snack time (p.m.)					
Fresh fruit	ABC cookies	Fresh fruit	Raisin bread	Toast	